

THE ROAD TO HAPPINESS BIBLE APPLICATION GOD DIDN'T SAY THAT PART 3

Introduction: In this series we have emphasized that our victory in life depends on our ability to discern the truth, before we accept or swallow the beliefs of the world around us. Adam and Eve fell because they didn't believe what God said. Jesus overcame because He discerned Satan's lies and replaced them with the truth.

1. Describe a time you believed something untrue about yourself, God, or what would make you happy in life. What was the result of not recognizing something as a lie and not standing on the truth?
2. Today we are talking about myths of happiness. Which of the following myths have you found easy to believe?
 - a. I should follow my heart and be happy even if what I do is against something the Bible says.
 - b. If it makes me feel happy, it must be the right thing.
 - c. If something isn't making me happy (marriage, job...), I should quit it.
 - d. I believe I should be able to have it all and if I don't it's not fair.
3. When you read Mark 8:31-38, what stands out to you about Jesus' view of what will make us happy and fulfilled?

How did Jesus demonstrate by His example that the way to true happiness, victory, and achievement is in laying down your rights?

4. What are some of the problems that happen if people just follow their hearts?
5. How do the following mark the path to true happiness?
 - a. Finding your identity in who God says you are and not what the world says
 - b. Finding joy by fulfilling your purpose instead of just your pleasure
 - c. Living to give instead of to get
 - d. Finding joy by fulfilling God's priorities for your life, not trying to do what pleases others or what you feel driven to accomplish.
5. Describe what it means for you to completely switch your thinking and begin to believe God doesn't exist to make me happy; I exist to give God glory. I don't pray, "God, do what I want you to do. But let me live to do what you want". I believe that I am most satisfied when I am most surrendered.