

## **THIRD OPTION WEEK LIFE GROUP WEEK 5 HEALING AND RECONCILING CONVERSATIONS**

### **Introduction**

In I Samuel 25:1-35, we have the story of Abigail who is an incredible example of how to have a healing and unifying conversation. In today's lesson, we want to talk through some tools for conflict resolution and seeing God work to grow and fulfill His purpose through embracing His way of handling conflict.

1. In handling conflict, we learned that a third option is to choose not to blow up or clam up in conflict but to actually learn to grow up in our relationships and in unity by learning to speak the truth in love. How did you learn to handle conflict growing up? Would you say that your tendency is to lean on the side of blowing up and confronting things, clamming up and avoiding things, or being eager to take the challenge of fixing things?
  
2. What are some examples of dividing lines you have had to negotiate and work through during this Covid season? How have you tried to walk the line of truth and love?
  - a. Views about politics
  - b. Views about race
  - c. Views about governments roles
  - d. Views about science and faith
  - e. Other
  
3. What really stands out to you about how Abigail stepped out to resolve the conflict and divide that came between her family and David's army?
  - a. Her courage to speak up and trust that God would fight for her
  - b. How she prepared her heart so that she was able to come in a right spirit and tone
  - c. Her willingness to come with an assumption of honor and seek out common ground rather than criticize or magnify the differences
  - d. Her willingness to ask for forgiveness and bury the hatchet
  - e. Her willingness to make a way that would allow God to work on David
  - f. The fact that she did it in spite of her toxic relationship with her husband
  - g. How God honored her efforts and turned what could've been a murder into a marriage
  
4. How do you decide when an issue in a relationship is something you should overlook in love or something you should speak up about the truth in a spirit of love?
  
5. Do you have a relationship or relationships that you would like prayer to have wisdom and faith to speak the truth in love?