

MAKING SPACE FOR GOD IN YOUR TIME LIFE GROUP LESSON

*“See that you walk circumspectly, not as fools but as wise, redeeming the time, because the days are evil.”
(Ephesians 5:15-16 NKJV)*

Dig Deeper

1. Ecclesiastes 3:1-11 speaks of life as seasons that we adjust to. As we make the right adjustments, He makes things beautiful. What would you describe as the season you have been in lately? What do you think happens when people try to hold on to or go back and live in a season that was past?

2. In Matthew 11:28-30 Jesus talks of maximizing our time by wearing Jesus’ yoke. When you think of being under a yoke with Jesus, what do you think is especially important (what it takes) to find and walk in His rhythm of life? Have you noticed that God operates at a different speed than you? Consider asking Jesus what it’s like for Him to be yoked to you and what He would want you to learn.

Ice Breaker

1. Can you remember a story of an embarrassing moment you had because you were operating in a hurry? How might your family describe you when you are operating in a hurry?

2. Do you have a testimony in your life of some way that God “restored the years the locust had eaten?” (Maybe letting you re-experience childhood joys, get to make up for lost time in your relationship, give you another chance to become an even better version of something you tried and failed to be earlier...)

3. Do you have a testimony of a “God moment” when God showed up in some beautiful way to interrupt your life with joy?

4. Can you relate to Martha in the story we read in Luke 10:38-40? What would you say are some of the most predictable causes of hurry and misplaced priorities in your life? Describe ways God has used a quiet time in His presence to bring you to a place where you could sense God’s voice and let His life and joy back in.

5. Can you think of one of the most important ways you could act to ruthlessly eliminate hurry from your life?

6. Circle two or three of the top time stealers in your life the Lord might want you to ask Him to help you eliminate. If you don’t see the biggest one on the list you can write it down. (Social media, TV, idle conversations such as argument, gossip, or complaining. Time wasted because of disorganization... looking for lost things. Arguing with your family. Trying to be perfect. Trying to please people. Worry, regret, resentment, comparing ourselves, trying to beat other people, too many video games, movies, or other forms of entertainment.)

7. In considering the 4 containers: rest, God, work, and relationships, which is the one you most easily neglect and need to schedule a specific time for? How do you think God wants you to apply this lesson to your life?

8. What is an area that you would like others to help you pray about receiving a God moment in your life?