

SPIRIT BLESSING

The easiest way of all to edify your spirit is by blessing your own spirit. For the greatest results, make it a daily habit and stay consistent. Speak His Rhema word over you (words He's told you Himself or words God has spoken to you through other people, messages, songs, pictures in your mind, dreams, etc.). Another good way to use Spirit Blessing for yourself is to take a scripture passage, or even a short phrase from a verse the Lord has been speaking to you, and turn it into a Spirit Blessing prayer over your life. This can be very powerful! (Try looking in the mirror while doing it.)

1. Bless your own spirit or your spouse's spirit by saying:

" Person's Name, I bless your spirit to lead your soul and body to receive all that the Lord has to give you."

"I call your spirit to attention to operate in a leadership role over your soul and body. And I call your spirit into alignment with the purpose of Jesus for your life."